

MAPLE APPLE CRISP

Grease a 9"x13" pan. Sprinkle 4 T. flour on bottom. Spread in pan 12-15 apples, peeled and sliced. Pour over 1 cup maple syrup. Sprinkle some salt on top of apples.

Blend and sprinkle over apple mixture:

1 cup brown sugar (or maple sugar)

1 t. cinnamon

1/2 cup softened butter

1/2 cup flour

1 cup rolled oats

1/2 cup nuts, if desired

Bake at 350F 45 min. to 1hour. Best if served with ice cream or whipped topping.

